

Welcome to the  
**Angels & Nature**  
*Workshop*



Hosted by  
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# What we will Explore Together

- **Setting sacred space**
- **Spiritual discernment within the angelic realm**
- **Group healing**
- **Introduce you to 6 angels that can help protect and heal you, your animals and nature**
- **Meditations so you can meet the angels and your guardian angel specifically**
- **Discussion and Q & A**





# Group Healing

# Setting a Sacred Space

- **How to Set a Sacred Space**

- **Clear the Space Energetically**

- **Call in your Guides and the Angels to Create a Container**

- **Set your Intention**



# Who and What are Angels?

**The thing to keep in mind:** angels are non-denominational. They are beings of pure light created out of love by God/Source to act as helpers and messengers.

- The word angel comes from the Greek word “angelos” which means messenger.
- Angels are pure light and love without ego or attachments.
- All angels are non-denominational, including your guardian angel, and everyone has angels with them whether they believe in them or not.



# Laws of the Universe



**They are bound by two very important rules:**

**They can only help *if you ask* for help.**

**They cannot interfere with our free will.**

The decision on how to follow their advice and the responsibility of taking action  
in your life is all on you.

# Blocks



**The biggest block to angel communication is you!**

**Believe in your angels!**

A lot of people approach angels hoping to have an experience with them *but* they don't have a solid belief in them.

Confidence when connecting and working with angels comes as a result of trust, belief, and practice.

Feelings of inadequacy, judgement, uncertainty.

# What Angels Look Like

We anticipate things like wings and a halo, some people expect angels to even have a specific gender or even a specific androgynous look.

In my experience with angels, as well as other spiritual beings, they will come to you in a form that you are open to accepting.

Your angels don't want to frighten you and they want to be able to connect with you in a way you'll be comfortable with.





# Signs They are Near

- Seeing angel numbers such as 111, 222, 444, etc.
- Seeing flashing rays of light or sparkles without a source
- Feeling their wings wrap around you
- Feeling a presence near you or touching your aura with love and compassion
- Dream visitations
- Ringing or fullness in your ears
- Feeling a deep sense of peace, joy, or love
- Feeling atmosphere changes such as warmth, coolness, or breeze
- Hearing music with no obvious source
- Asking for them to be present and getting an obvious sign



# Discernment

- **Why this is Important when Connecting to Spirit?**
- **Discernment:**
  - **Ego**
  - **Tricksters**
  - **Lower Vibrational Beings/Entities**



# Archangel Michael

Helps with strength, courage, protection, compassion, and truth. You can ask him for ongoing protection and to use his sword to cut away any negative cords or ties you have.



- **Who is Michael?**

- "He who is like God"
- **Color:** Royal blue and gold or green and red
- **Crystals:** Blue sapphire or blue azurite

- **How he might Present Himself**

- Sword

- **How to work with Michael**

- Strength, Courage, Protection
- Overcoming Hopelessness
- Manifest your Dreams

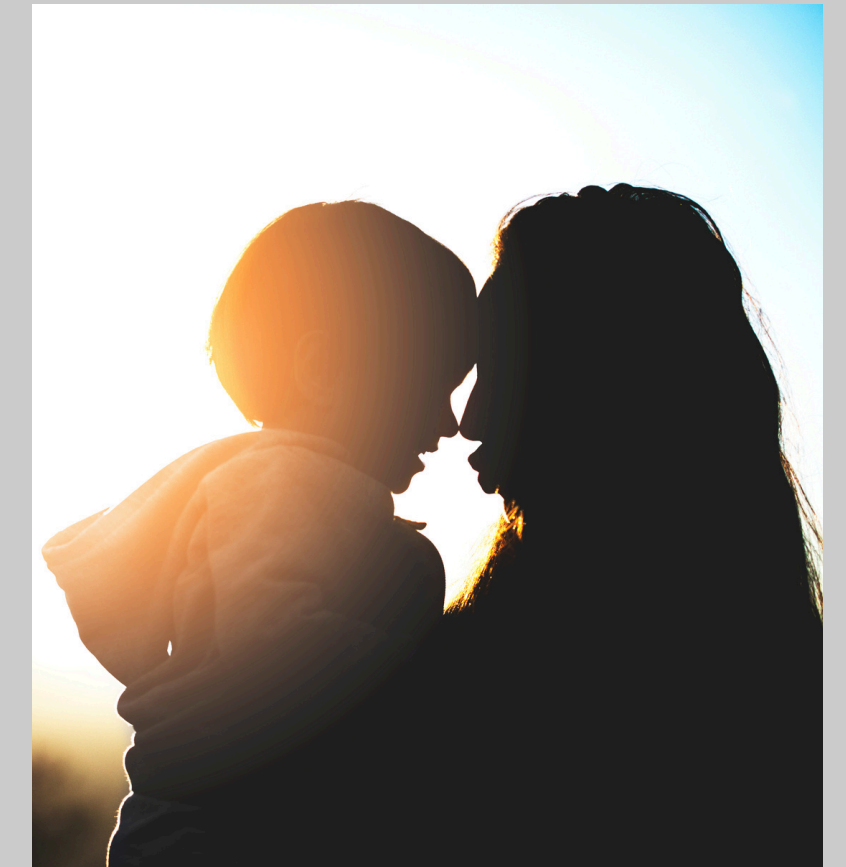


# Archangel Chamuel

Helps you to understand what unconditional love is all about by helping one find kindness, acceptance, and forgiveness. Ask him for help whenever you are having trouble loving yourself or others and he will wrap his wings around you.



- **Who is Chamuel?**
  - "He who seeks God"
  - **Color:** Light Green and Pink
  - **Crystals:** Peridot, green fluorite
- **How he might Present Himself**
  - Ray of Pink Light
  - Warm Tingling within your Body
- **How to work with Chamuel**
  - Heal a Broken Heart
  - Release Judgements
  - Unconditional Love



# Archangel Raphael

Helps with healing, balance, and wholeness. Call upon him to understand and experience what oneness truly is and for any kind of healing, whether it be physical, mental, emotional or spiritual.



- **Who is Raphael?**
  - "God Heals"
  - **Color:** Emerald green,
  - **Crystals:** Emerald and malachite
- **How he might Present Himself**
  - Flashes of green or gold sparkles
  - Sword
- **How to work with Raphael**
  - Heal your Mind, Body and Spirit
  - Healing the Earth
  - Travel Safety

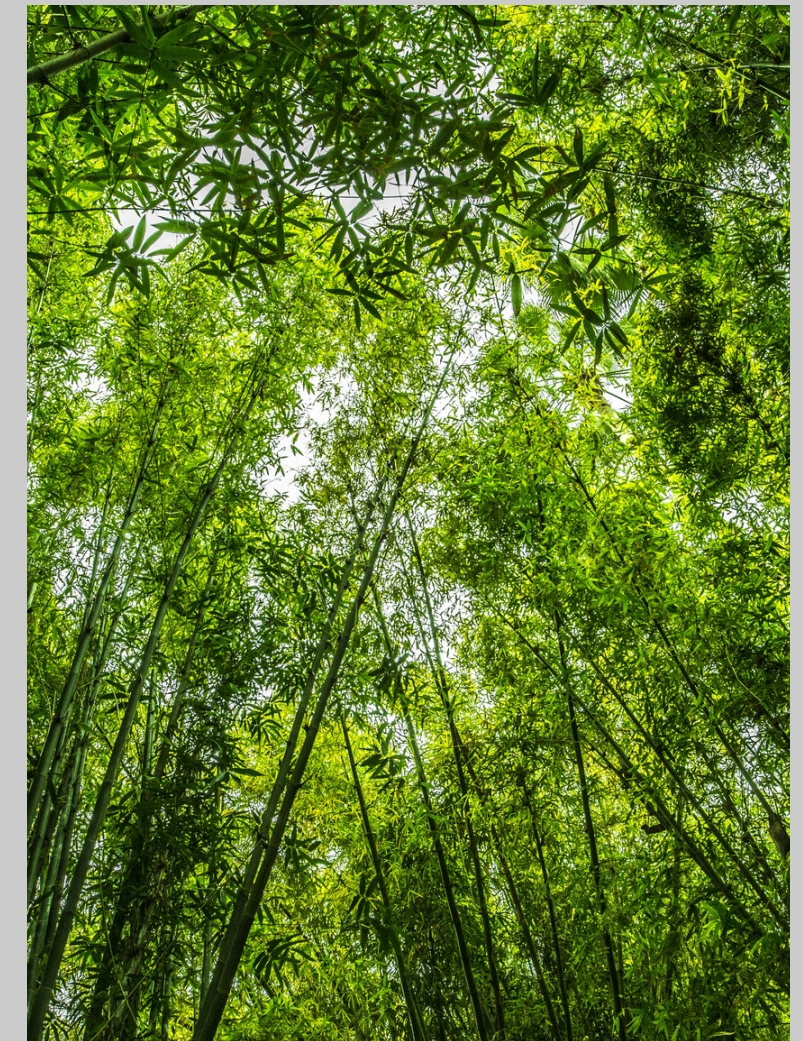


# Archangel Ariel/Arielle

Is thought to help Raphael heal the animals of the world. She watches over the animals, those in the elemental kingdom such as fairies and nature spirits, and environmental issues. Ask her to help whenever you you want help with animals or nature.



- **Who is Ariel and Arielle?**
  - “Lioness or Lion of God”
  - **Color:** Light Pink, Green or Rainbow Colors
  - **Crystals:** Rose quartz, rhodocrosite
- **How She might Present Herself**
  - Feminine (can be associated as masculine and connected to Archangel Arielle)
- **How to work with Ariel/Arielle**
  - Heals Animals and Nature
  - Connecting you to the Fairy Realm
  - Works directly with AA Raphael and Gelena

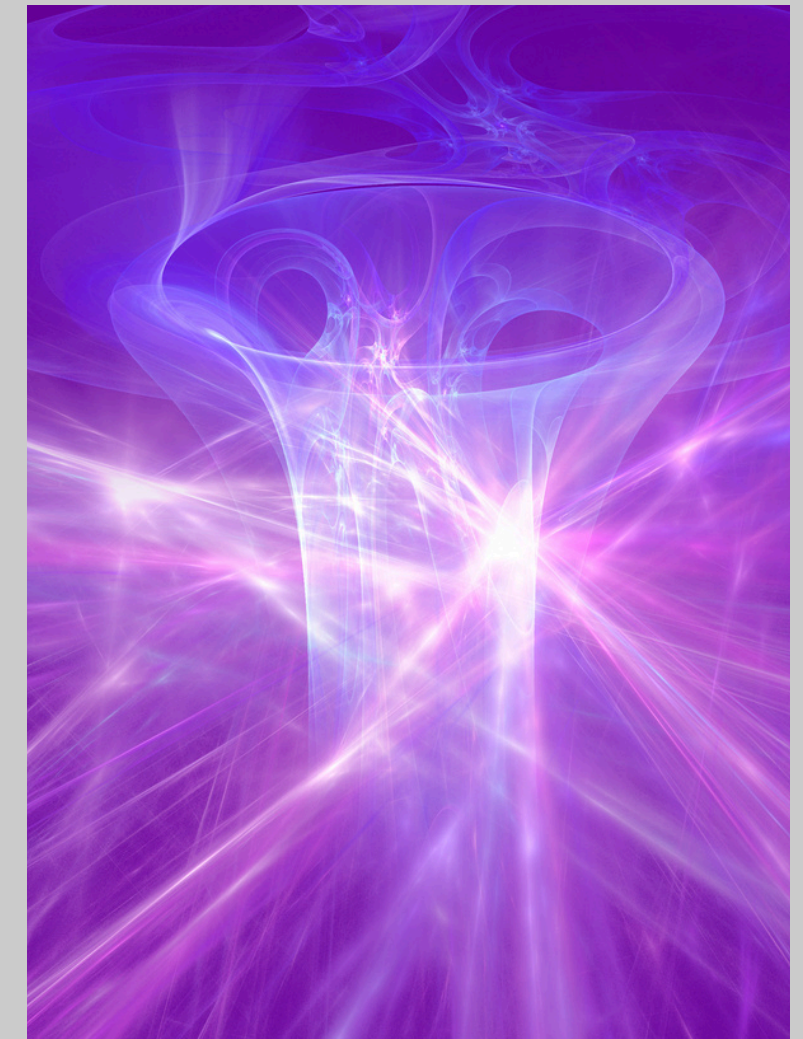


# Archangel Zadkiel

Is the angel of mercy and infuses the world with a deep sense of divine perfection. He brings comfort, gentleness, freedom and grace into the lives of anyone who asks for his help.



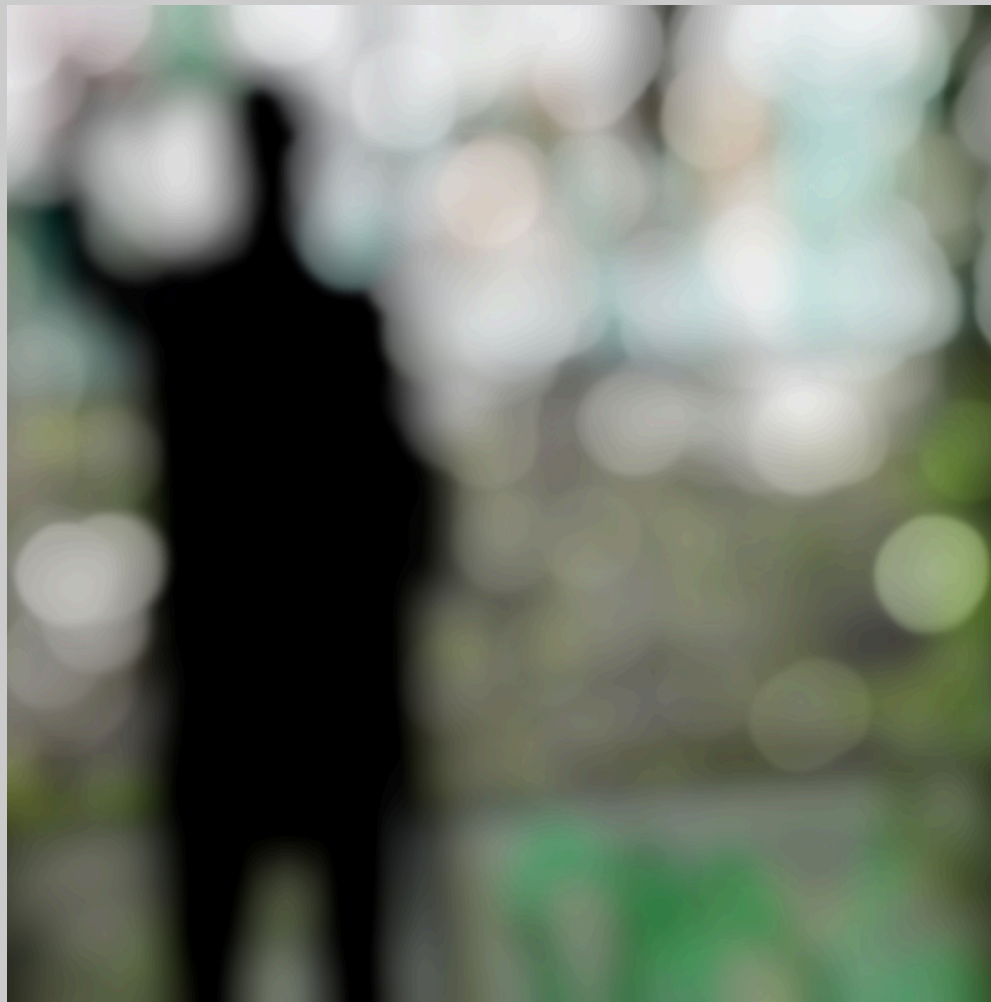
- **Who is Zadkiel?**
  - “Righteousness of God”
  - **Color:** Violet
  - **Crystals:** Amethyst, purple fluorite
- **How He might Present Himself**
  - May present himself with a bright flame which may look white, gold or violet.
- **How to work with Zadkiel**
  - Repairing cellular memory
  - Guidance, comfort and encouragement
  - Opening ourselves up to our true nature as sacred beings
  - Releasing judgements



# Archangel Deacon

Helps with protection against lower vibrational entities.

- **Who is Deacon?**
  - **Color:** Navy Blue, Black, Gray
  - **Crystals:** Obsidian, Tourmaline
- **How he might Present Himself**
- **How to work with Deacon**
  - Closing Portals
  - Removing Entities, Curses, Lower Vibrational Beings



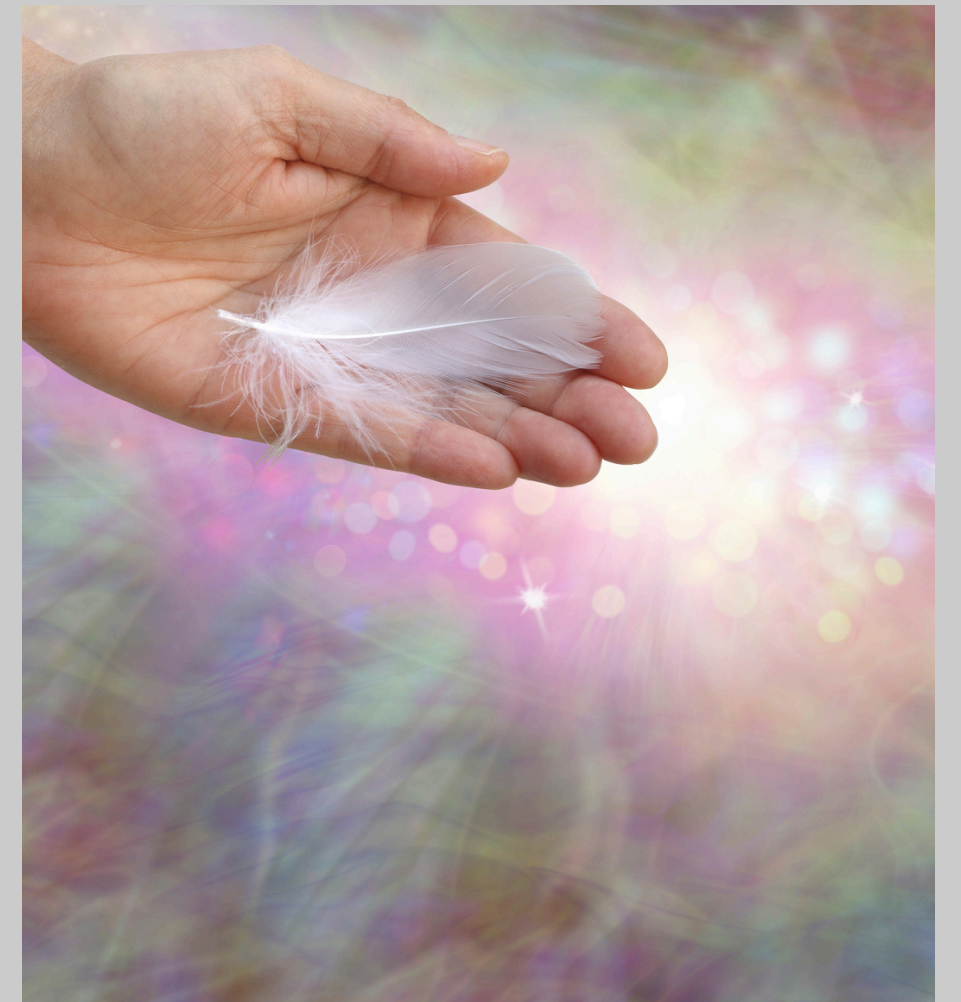


# Your Guardian Angel

Upon conception, every single person has 1+ guardian angels as part of their spirit team.  
They will protect you and guide you.



- **Who is your guardian angel?**
  - Assigned to you at conception
  - **Crystals:** Clear Quartz, Selenite, Amethyst
- **How they might Present themselves**
  - Gently with love and compassion
- **How to work with your guardian angel**
  - Strength, courage, protection
  - Higher guidance and perspective
  - Constantly by your side





Meet your Guardian Angel



Meet one of the Angels